

Elementary Hot Lunch December 2023

**Slogan Winner- "A nutritional meal equals a happy brain and a healthy heart – Let's Eat Smart!"
by Kenydi M, grade 4, from St. Frances Cabrini**



Nutritional Development Services- Archdiocese of Philadelphia
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NDSSchoolLunchProgram
SchoolMealsNDS
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DECEMBER IS NATIONAL PEAR MONTH!

Celebrate by reaching for PEARS on 12/12, 12/22 and throughout the month when offered!

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>210 Cheese Stuffed Breadsticks 622 Marinara 631 Cherry Star Vegetable Juice 749 Apple Cherry Juice 933 Cinnamon Tiger Grahams</p>	<p>5</p> <p>286 Penne Pasta with Meat Sauce & Italian Vegetable Blend 908 Dinner Roll 621 Celery 670 Fresh Fruit</p>	<p>6</p> <p>221 Two Cheese Chicken Quesadilla 630 Dragon Punch Vegetable Juice 611 Bagged Baby Carrots 670 Fresh Fruit 992 Oatmeal Cookie</p>	<p>7</p> <p>263 5" Round Cheese Pizza 706 Romaine Salad with Cherry Tomatoes 697 Bagged Sliced Apples</p>	<p>8</p> <p>271 Cheeseburger Calzone 633 Sunset Sip Vegetable Juice 603 Baked Beans 694 Kiwi & Strawberry Sidekick <i>Feast of Immaculate Conception</i></p>
<p>11</p> <p>209 Taco Meat 630 Dragon Punch Vegetable Juice 620 Salsa 752 Fruit Punch Juice 941 Tostitos Scoops</p>	<p>12</p> <p>206 French Toast with Sausage & 623 Tater Tots 631 Cherry Star Vegetable Juice 670 Pear</p>	<p>13</p> <p>257 Mozzarella Sticks 622 Marinara Sauce 633 Sunset Sip Vegetable Juice 658 Cherry Craisins 932 Cinnamon Scooby Snacks</p>	<p>14</p> <p>270 Turkey Pepperoni Calzone 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit</p>	<p>15</p> <p>200 Hamburger with Bun 611 Bagged Baby Carrots 542 Harvest Pumpkin Hummus 749 Apple Cherry Juice</p>
<p>18</p> <p>203 Mini Pepperoni Calzone 623 Tater Tots 611 Bagged Baby Carrots 686 Wild Berry Rosati Ice 993 Candy Cane Holiday Cookie</p>	<p>19</p> <p>210 Cheese Stuffed Breadsticks 622 Marinara Sauce 630 Dragon Punch Vegetable Juice 650 Strawberry Banana Smoothie</p>	<p>20</p> <p>215 Taco Stick 620 Salsa 632 Wango Mango Vegetable Juice 658 Cherry Craisins 941 Tostitos Scoops</p>	<p>21</p> <p>268 French Bread Pizza 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit</p>	<p>22</p> <p>No School Happy Holidays!</p>
<p>25</p>	<p>26</p>	<p>27</p> <p><i>Happy Holidays!</i></p>	<p>28</p>	<p>29</p>
<p>1</p> <p><i>Happy New Year!</i></p>	<p>2</p> <p>268 French Bread Pizza 630 Dragon Punch Vegetable Juice 690 Apple Crisps 939 Heartzel Pretzels</p>	<p>3</p> <p>205 Popcorn Chicken 623 Tater Tots 632 Wango Mango Vegetable Juice 686 Strawberry Lemonade Rosati Ice</p>	<p>4</p> <p>288 Mac & Cheese with Broccoli 633 Sunset Sip Vegetable Juice 647 Dole Mandarin Oranges 903 Maple Biscuit</p>	<p>5</p> <p>221 Two Cheese Chicken Quesadilla 622 Marinara 625 Corn 657 Strawberry Craisins 993 Bell Holiday Cookie</p>

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.